

Kalpataru Samajseva Mitra Mandal's

DHANVANTARI HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL & RESEARCH CENTRE

Recognised by – Govt. of Maharashtra & NCH, New Delhi Affiliated to – Maharashtra University of Health Sciences, Nashik Website: dhanvantaribhms.org I mail: dhanvantaricollege@yahoo.com I Reg. No. F-3116

Address: Dhanvantari Campus, Kamatwade, Cidco, Nashik - 422008 🕿 0253-2377103, 2393748

4.1.2 The institution has adequate facilities to support physical and recreational requirements of students and staff – sports, games (indoor, outdoor), gymnasium, auditorium, yoga centre, etc. and for cultural activities

Dhanvantari Homoeopathic Medical College and Hospital & Research Centre, Nashik has adequate physical and recreational facilities including indoor and outdoor games. Institute has all the infrastructure & facilities to support physical and recreational requirements for the students and staff.

· Sports Facility:

Indoor games including Carrom and Chess are played in college premises. Separate time for girls and boys is alloted for indoor games.

Outdoor games which include Basketball, Volleyball, Cricket, Badminton, Kabaddi, Kho-kho etc. This ground is at a distance of 500 meters from the college campus. All the I^{st} to IV^{th} Year BHMS students are utilizing the above facility.

- Students are utilizing the sports facilities within the college hours.
- The cultural committee organizes the sports and cultural activities.
- Cultural programmes like College foundation day, Ganesh Festival, Dr. Hahnemann's birth anniversary celebration, small cultural programmes are conducted at the college auditorium with a capacity of 100 seats. Institute opts for the big auditorium facility on a rental basis outside the college if a number of students and their parents come together in an annual gathering.
- Yoga Center Facility: Yoga is taken in the hospital, where a separate yoga hall is available and the area of the Yoga hall is 360 Sq.ft.
- The Institute celebrates the Yoga week annually, during the same week other activities like Rangoli competition, Essay writing, Yogasana Competition, Health check up camp, Poster making competitions are also organized.
- The yoga practice enhances muscular strength, bone strength and also keeps the body flexible. It reduces stress and anxiety. Yoga calms and relaxes both the body and mind and uplifts the spirit.



PRINCIPAL

Dhanvantari Homoeopathic Medical College and Hospital & Research Centre, Nashik