



**DHANVANTARI HOMEOPATHIC MEDICAL
COLLEGE AND HOSPITAL & RESEARCH CENTRE, NASHIK**

CRITERIA 7.2.1

Describe two institutional best practices as per the NAAC format provided in the manual.

BEST PRACTICE 1:

1. **Title of practice:** Mentor-Mentee Practice – A best practice for SWOC analysis
2. **Objective of the practice:**
 - To encourage Students to know their strengths, Opportunities, weakness and challenges.
 - To let students explore Career opportunities.
 - To know problem faced by students in their academic as well as social life.
 - To improve mental health of students.
 - To prepare them for MUHS Examination.
 - To encourage the students for study.
 - To monitor progress in studies.

3. **The context:**

Institute initiated mentor-mentee practice to help the mentee (students) achieve their career objectives. Students from different economic, cultural as well as different social background join the institute every year. Sometimes they face difficulties in academic as well as social life as they come in unfamiliar environment. Mentor's guidance and support help them to overcome the problems. It also help to achieve better mental health to live healthy lifestyle & these help students to prevent depression and other mental disorders. This also helps to improve confidence and performance of students. It improves the result in Final MUHS examination.

These mentor mentee practice is done on basis of SWOC analysis.

S- Strength

W-Weakness

O- Opportunities

C- Challenges

4. **The practice:**

In our institution, we conduct regular mentor-mentee meetings in every academic year. Mentor means Teacher assign to guide Mentee that is Student. In mentor mentee practice we take feedback from students about social, academic and other problems faced by them in this institute. In aspect to take review of mentor mentee practices and college academics, we take feedback from students as well as parents. Mentor mentee distribution is done is every academic year. Meetings are arranged according to scheduled day of the month and all record of meeting is maintained by respective





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mentor. Mentor does analysis on students query and tries to give reasonable solutions. It helps to know the lacunae. Institute works to solve it for progress of students and institute. This helps to know problem face by students in everyday life. This also helps us to know the doubts of students regarding academic session, social issues and MUHS examinations

This mentor mentee practice is done on basis of SWOC analysis.

S- Strength

W-Weakness

O- Opportunities

C- Challenges

Mentor guides mentee in various ways like how to study that particular subject by introducing different study methods, counseling during depressed states or after failure in exams .It helps to boost the confidence and gain their goal.

5. Evidence of Success:

- The mentor mentee practice has helped to improve student- teacher relationship as well as Parent-Teacher relationship.
- Academic score as well as achievement have increase since we started Mentor-mentee Practice.
- Institute has able to identify Lacunae In progress of student as well as institute. Institute has thus made changes according to problems of students.
- Mentor mentee Practice have help institute to overcome problems like depression and anxiety of students.
- This practice have also help institute to provide healthy atmosphere to students.
- From last 5 years student result has been increased from 40% to 60%
- In last 5 years there is increase in no.of achievements in the field of sports

6. Problems encountered and resources required:

Due to lack of availability of communication devices of parents, mentors were unable to contact some parents.

Many of students are embarrassed to share their problem; it is a challenge for them to make them speak what issue they are facing.



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BEST PRACTICE 2:

1. **Title of Practice** : Low cost treatment

2. **Objectives** :

1. To provide treatment to needy people or people with lower socio - economic status.
2. To increase faith of people in homoeopathy
3. To make people understand how homoeopathy works in all cases.
4. To create awareness regarding homoeopathy in community
5. Providing financial protection against the costs of ill-health
6. To educate the public about health issues and promote healthy lifestyles.

3. **Context** : Important Feature of the Low Cost treatment was to Provide Beneficiary treatment and financial support for the community including lower socio-economic class, main aim was to aware people about homoeopathic practices and to increase faith of community in homoeopathy,

Following camps were Conducted by our institute : Blood donation camp, Polio camp, Female health checkup camp, Eye checkup camp, Ortho Camp, Immunisation camp. The aim to conduct these camps is To educate the community about health issues, lifestyle diseases, how to maintain health and hygiene & To promote healthy lifestyle.

4. **The Practice:**

In our institute, we believe that every human being deserves low cost medical treatment. Every human being deserves to live a healthy and happy lifestyle. To provide this, our institute have impended cost-effective ie. low cost treatment to patient.

Our hospital has very low cost OPD and IPD fees. Pathological Tests like Hb, LFT, RFT, BT, CT have less fees as compare to Private Clinics and Labs. We charge very low cost/ affordable charges for the necessary test as well as treatment.

Camp:

Institute arranges regular health checkup camps at various locations. These camps provide free treatment to patients and also we distribute free medicines. It also helps to create awareness about homoeopathy in villagers

5. **Evidence of Success:**

Response of people was good , it helped to upgrade the knowledge regarding diseases in community and it proved beneficial for the interns for futuristic purpose like thesis.

6. **Problems Encountered and Resources required :**



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Though we are trying to give low cost treatment, During camps we have certain time limit to approach the patient, so it was not possible to take a detail history of every patient. For camps we needed medicines, we were unable to take some medical instruments at the locations where the camps were held, we needed the authority permission letter from the head person of the village so we need to prepare for it few days prior the camp.



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