



Smt. Saroj R. Dhumane
Founder Chairman

Kalpataru Samajseva Mitra Mandal's

DHANVANTARI HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL & RESEARCH CENTRE

Recognised by – Govt. of Maharashtra & NCH, New Delhi

Affiliated to – Maharashtra University of Health Sciences, Nashik

Website: dhanvantaribhms.org | mail: dhanvantaricollege@yahoo.com | Reg. No. F-3116

Address: Dhanvantari Campus, Kamatwade, Cidco, Nashik - 422008 ☎ 0253-2377103, 2393748

Ref No.:- DHMC/2024/8391

Date:- 17/08/2024

To,
The Director,
Student Welfare department,
Maharashtra University of Health Sciences, Nashik

Subject—Regarding counseling activity taken in Nashik Paralysis & Neurohab Centre, Makhamalabad Gaon, Makhamalabad, Nashik.

Respected sir,

As per suggestions given by Student Welfare department of MUHS, NSS department of every college has to perform various social activities. So, as per instruction given by Student Welfare department of MUHS, NSS department of DHMC organised counselling sessions for patients at Nashik Paralysis & Nashik Neurohab Centre, Nashik.

Objective of activity –To reduce stress of bedridden & paralyzed patients..

Activity— Students of 3rd yr reached at Nashik Paralysis & Neurohab Centre in morning on 13/08/2024. Students first of all listened information given by doctors about various treatments are given for patients in this centre..

Students from Dhanavantari Homoeopathic Medical College And Hospital & Research Centre, Nashik divided themselves into small groups. Each group asked every patient empathetically about their sufferings & treatment. Students counseled them & gave them reassurance that they will be cured as soon as possible. All patients listened the counselling of students carefully.

BENEFITS OF COUNSELLING TO BEDRIIDEN & PARALYZED PATIENTS----

- 1] It increases confidence in patients that they will be cured.
- 2] It can give relief from depression, anxiety.
- 3] Counselling encourages patients to do physical exercise to prevent muscle atrophy.
- 4] Regular counseling sessions will give a lot of motivation for paralyzed patients.
- 5] Counselling can strengthen emotional resilience in patients..
- 6] Group counseling can provide a safe atmosphere where individuals of the same struggle can be accepted & understood.
- 7] Counselling can help to analyze the situation & think of it correctly.



**NSS PROGRAMME OFFICER
DR. ABHISHEK PAGARE**



**ASSISTANT PROGRAMME OFFICER
DR. VAIBHAV MAHAJAN**



**PRINCIPAL
DR. UMESH NAGARKAR**

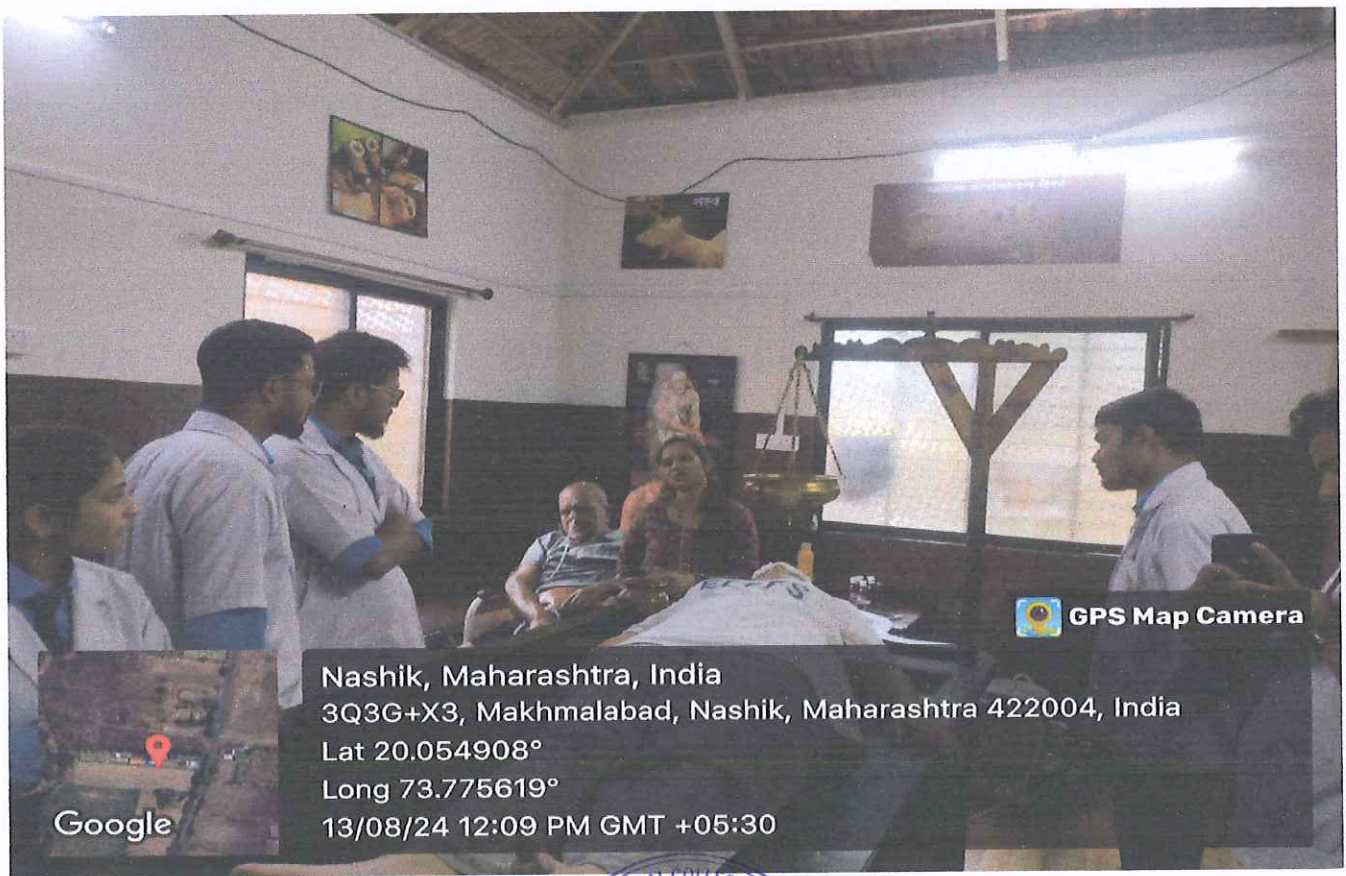
PRINCIPAL

Dhanvantari Homoeopathic Medical College
and Hospital & Research Centre.
Nashik



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3Q3G+X3, Makhmalabad, Nashik, Maharashtra 422004, India
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13/08/24 11:59 AM GMT +05:30

GPS Map Camera




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GPS Map Camera





 GPS Map Camera



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Google





GPS Map Camera



Google

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Yogeshwar Sankul Row House, 16, Matale Colony, Kamatwade Gaon, Nashik, Maharashtra 422008, India

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Long 73.75047°

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Nashik, Maharashtra, India

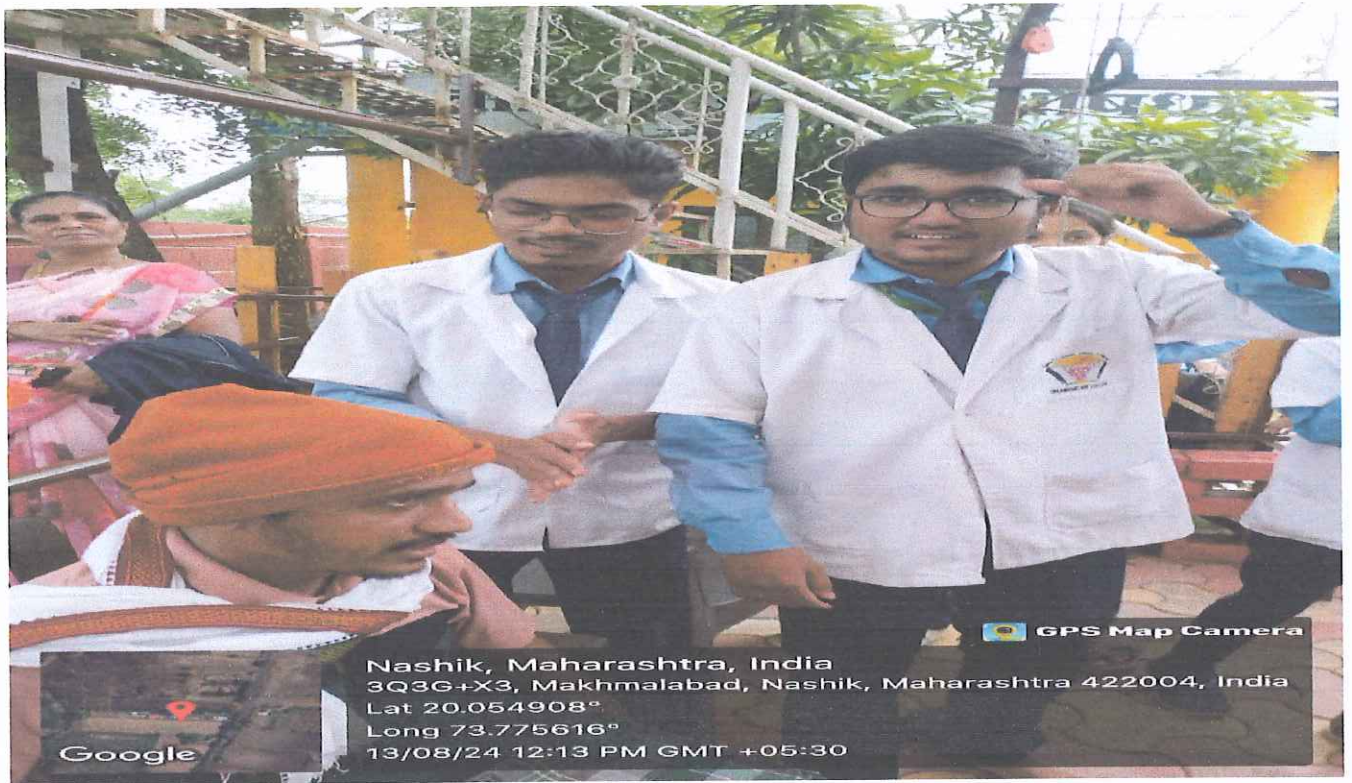
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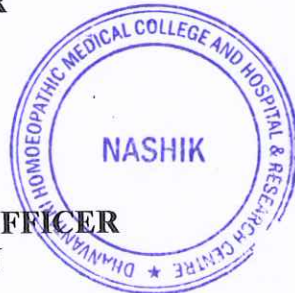




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Dr.Vaibhav Mahajan Aug 13, 2024 12:44


**NSS PROGRAMME OFFICER
DR. ABHISHEK PAGARE**


**ASSISTANT PROGRAMME OFFICER
DR. VAIBHAV MAHAJAN**




**PRINCIPAL
DR. UMESH NAGARKAR
PRINCIPAL**
Dhanvantari Homoeopathic Medical College
and Hospital & Research Centre,
Nashik

Date 13/8/24

Visit to Nashik Paralysis and Neurohub Centre, Maharashtra, Nashik

Sr. No	Student Name	In sign	Out sign
1	Ansari Ayesha Mohd Awais	Ayesha	Ayesha
2	Ansari Zoha Mohd Sajid	Zoha	Zoha
3	Banjara Roshani Ranjit	RRB.	RRB.
4	Barve Mansi Vilas	A	A
5	Bhosale Atharva Dhanaji	Atharva	Atharva
6	Bhosale Rutuja Bhaskar	Rutuja	Rutuja
7	Bilwal Vaishnavi Ramdhan	Vaishnavi	Vaishnavi
8	Borge Tejas Santosh	Tejas	Tejas
9	Dixit Shreyash Rajkumar	A	A
10	Dongare Purna Pandhrinath	Purna	Purna
11	Gaikwad Nikita Subhash	Nikita	Nikita
12	Goyal Ritika Mahendra	Ritika	Ritika
13	Gupta Sachin Mukesh	Sachin	Sachin
14	Gupta Simran Jay	Simran	Simran
15	Hatralkar Vaishnavi Suresh	A	A
16	Jadhav Kamlesh Yashwant	Kamlesh	Kamlesh
17	Jagtap Gaurav Ramesh	Gaurav	Gaurav
18	Jagtap Shraddha Sanjay	A	A
19	Jain Achal Raju	Achal	Achal
20	Jaiswar Akanksha Bhanupratap	Akanksha	Akanksha
21	Jejurkar Akshay Sakharam	A	A
22	Kadus Rutuja Gorakh	Rutuja	Rutuja
23	Khan Saima Md Shafique	Saima	Saima
24	Kharche Anagha Mahesh	Anagha	Anagha
25	Kolhe Komal Narayan	A	A
26	Lad Vaishnavi Chandrakant	Vaishnavi	Vaishnavi
27	Madane Dhanshree Narayan	A	A
28	Mansuri Mohin Habib	Mansuri	Mansuri
29	Momin Mohammed Ibrahim	Momin	Momin
30	Mulla Aliya Abdul Majeed	A	A
31	Narsale Utkarsha Sabaji	Narsale	Narsale
32	Pasi Anjali Bholanath	Anjali	Anjali
33	Patil Anushka Kiran	Anushka	Anushka
34	Patil Kunal Jagatrao	Kunal	Kunal
35	Patil Samruddhi Vidyanand	A	A
36	Praipati Gunja Subhashchandra	Gunja	Gunja

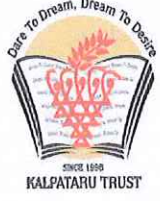
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 डॉ. राजेंद्र कडकर
 डॉ. भुषण गायकवाड
 I-83242-A
 I-87203-A

46	Suryawanshi Rajashri Narsinha	Pass	Pass
47	Vasave Darshan Milind	Pass	Pass
48	Wagh Ajay Rajesh	Pass	Pass
49	Soni Deore	A	A
50	Donde priyanka	A	A
51	Gajanan Kadam	A	A
52	Polakhare Gauri Satish		
52	Patil Nilima	A	A
53	Aditya Prabhhu Mehetre		
54	Pavan Ramesh Nagare		

Pagark
NSS Programme officer
(Dr. Abhishek S Pagark)

Ass. Ncs Programme officer
(Dr. Vibhar Mahajan)

Pass
नाशिक रालिसिस सेंटर
डॉ. राजेंद्र कर्नर 1-87203-A
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Ref No. : DHMC/24/8377

Date:03/08/2024

PERMISSION LETTER

To,
Director ,
Nashik paralysis and neurorehab center
Near Bus Stop, MakhmalabadGaon, Makhmalabad, Nashik, Maharashtra 422003

Subject: - Permission to Visit NASHIK PARALYSIS AND NEUROREHAB CENTER, Panchvati, MakhmalabadGaon, Makhmalabad, Nashik,

Respected Sir/Mam,

Our Dhanvantari Homoeopathic Medical College And Hospital & Research Centre Nashik students want to get permission for visit to your NASHIK PARALYSIS AND NEUROREHAB CENTER, MakhmalabadGaon, Makhmalabad, Nashik, its Process and importance, as it is a part of NSS activity .Please grant us the permission to visit.

Sympathy, empathy, and counseling play crucial roles in the functioning and success of rehabilitation centers. These elements contribute significantly to the healing and recovery process of individuals undergoing rehabilitation for various issues, such as addiction, mental health disorders, or physical injuries. Here's a detailed look at their roles:

Sympathy

- **Understanding and Support:** Sympathy involves acknowledging another person's emotional hardships and offering comfort and assurance. It helps create a supportive environment where individuals feel cared for and understood.

- **Emotional Connection:** Expressing sympathy can help build an emotional connection between the staff and the patients, fostering a sense of belonging and reducing feelings of isolation.

Empathy

- **Deeper Understanding:** Empathy goes beyond sympathy by enabling caregivers to put themselves in the patients' shoes, understanding their feelings and experiences on a deeper level. This helps in providing personalized care.

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I-87203-A

डॉ. भुषण गायकवाड
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- **Trust Building:** When patients feel genuinely understood, it builds trust between them and the staff, which is essential for effective rehabilitation.

- **Motivation and Encouragement:** Empathetic interactions can motivate patients by showing them that their struggles are recognized and that they are not alone in their journey.

Counseling

- **Personalized Treatment Plans:** Through counseling, professionals can develop personalized treatment plans based on a thorough understanding of each patient's unique circumstances, challenges, and goals.

- **Mental Health Support:** Counseling provides a safe space for individuals to express their thoughts and emotions, helping them to address underlying mental health issues that may be contributing to their condition.

- **Skill Development:** Counseling helps patients develop coping skills, resilience, and strategies for dealing with triggers and stressors, which are crucial for long-term recovery.

- **Family Involvement:** Counseling often involves family therapy, which helps to mend relationships, improve communication, and ensure a supportive home environment for the patient.

Combined Role in Rehabilitation Centers

- **Holistic Approach:** The integration of sympathy, empathy, and counseling ensures a holistic approach to rehabilitation. It addresses not just the physical aspects of recovery but also the emotional, psychological, and social dimensions.

- **Improved Outcomes:** When patients feel understood, supported, and equipped with coping strategies, they are more likely to engage fully in their rehabilitation programs, leading to better outcomes.


Please grant permission as mentioned above.

Total No of students -25

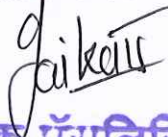
Date of Visit: -13/08 /2024

Teachers accompanying the students are

- 1) Dr. Abhishek Sanjay .Pagare (NSS Programme officer / Assitant Professor of Department of Repertory.
- 2) Dr. Vaibhav Ravindra Mahajan (Assitant NSS Programme officer/Associate Professor and Head of Department of Community Medicine.)



Dr. Abhishek S. Pagare

Assistant Professor of
Department of Repertory



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डॉ. राजेंद्र कदमर डॉ. भुषण गायकवाड
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 Thanking You,
Dr. Umesh B. Nagarkar

Principal
PRINCIPAL
Dhanvantari Homoeopathic Medical College
and Hospital & Research Centre,
Nashik